

Atomic Structure

Matthew Williams • Chemistry • May 15, 2026

Atomic Structure

All chemical behaviour — bonding, reactivity, conductivity, physical properties — traces back to atomic structure. Understanding what atoms are made of and how their electrons are arranged is the foundation for bonding, periodicity, and almost every other topic in chemistry.

The Atom

An atom is the smallest particle of an element that retains the chemical properties of that element. Every atom has two main regions:

- a dense central **nucleus** containing protons and neutrons
- a surrounding region of **shells** (energy levels) where electrons are found

Electron shell diagram for sodium (Na), showing three shells with 2, 8, and 1 electrons — the standard 2,8,1 configuration

Subatomic Particles

Particle	Relative charge	Relative mass	Location
Proton	+1	1	Nucleus
Neutron	0	1	Nucleus
Electron	-1	1/1840	Shells around nucleus

The mass of an electron is negligible compared to a proton or neutron. Nearly all of an atom's mass is concentrated in the nucleus. In a neutral atom, the number of protons equals the number of electrons, so the positive and negative charges cancel exactly.

Atomic Number and Mass Number

The **atomic number** (Z) is the number of protons in an atom. It uniquely identifies the element — every chlorine atom has exactly 17 protons, and no other element does. In a neutral atom, the atomic number also equals the number of electrons.

The **mass number** (A) is the total count of protons and neutrons in the nucleus:

$$A = \text{protons} + \text{neutrons}$$

The number of neutrons is therefore:

$$\text{neutrons} = A - Z$$

Example

Sodium has atomic number 11 and mass number 23.

- Protons: 11
- Electrons: 11 (neutral atom)
- Neutrons: $23 - 11 = 12$

Atomic Notation

The standard nuclear notation places the mass number at the top left and the atomic number at the bottom left of the element symbol:



So sodium is ${}^{23}_{11}\text{Na}$ and chlorine-35 is ${}^{35}_{17}\text{Cl}$.

When the species is an ion, the ionic charge appears at the top right. For example, Mg^{2+} with atomic number 12 has lost two electrons, leaving it with 12 protons but only 10 electrons. The ion

O^{2-} has gained two electrons, so it has 8 protons and 10 electrons.

Exam Tip

When a question shows an ion, always start from the atomic number for proton count, then adjust the electron count by the charge. A 3+ ion has three fewer electrons than the neutral atom; a 2- ion has two more.

Electronic Configuration

Electrons occupy shells at increasing distances from the nucleus. Lower shells fill first. For elements up to atomic number 20, the shell capacities are:

Shell	Maximum electrons
1st (innermost)	2
2nd	8
3rd	8
4th	2

Electronic configuration is written as the number of electrons in each shell from innermost outward, separated by commas.

Element	Symbol	Z	Configuration
Hydrogen	H	1	1
Helium	He	2	2
Lithium	Li	3	2,1
Beryllium	Be	4	2,2
Boron	B	5	2,3
Carbon	C	6	2,4
Nitrogen	N	7	2,5
Oxygen	O	8	2,6
Fluorine	F	9	2,7
Neon	Ne	10	2,8
Sodium	Na	11	2,8,1
Magnesium	Mg	12	2,8,2
Aluminium	Al	13	2,8,3

Silicon	Si	14	2,8,4
Phosphorus	P	15	2,8,5
Sulfur	S	16	2,8,6
Chlorine	Cl	17	2,8,7
Argon	Ar	18	2,8,8
Potassium	K	19	2,8,8,1
Calcium	Ca	20	2,8,8,2

The electrons in the outermost shell are called **valence electrons**. They govern bonding and reactivity. The number of valence electrons corresponds to the group number in the periodic table; the number of occupied shells corresponds to the period.

Remember

Most atoms achieve stability by achieving a full outer shell — 8 electrons for most elements (the octet rule). Hydrogen and helium are stable with just 2 electrons (the duet rule). This drive for stability is why atoms form bonds.

Ions

An **ion** is a charged particle formed when a neutral atom gains or loses electrons. The proton count never changes — only the electron count changes.

Cations (positive ions) form when atoms **lose** electrons. Metals typically do this because their valence electrons are loosely held.

Anions (negative ions) form when atoms **gain** electrons. Non-metals typically do this because their outer shell is nearly full and the nucleus can attract additional electrons.

Ion	Neutral atom configuration	Change	Ion configuration
Na ⁺	2,8,1	loses 1 electron	2,8
Mg ²⁺	2,8,2	loses 2 electrons	2,8
Al ³⁺	2,8,3	loses 3 electrons	2,8
Cl ⁻	2,8,7	gains 1 electron	2,8,8
O ²⁻	2,6	gains 2 electrons	2,8
N ³⁻	2,5	gains 3 electrons	2,8

Each ion achieves the electron arrangement of the nearest noble gas.

Isotopes

Isotopes are atoms of the same element that have the same number of protons but different numbers of neutrons. They have the same atomic number but different mass numbers.

Because isotopes have the same number of electrons in the same arrangement, they have **identical chemical properties**. Physical properties such as density and diffusion rate differ because the atoms have different masses.

Example

The three naturally occurring isotopes of carbon:

Isotope	Protons	Neutrons	Mass number
Carbon-12 (${}^1_6\text{C}$)	6	6	12
Carbon-13 (${}^{13}_6\text{C}$)	6	7	13
Carbon-14 (${}^{14}_6\text{C}$)	6	8	14

All three form exactly the same compounds and react identically.

Exam Tip

Isotopes differ in **neutron** number. Ions differ in **electron** number. These are the two most commonly confused definitions on Paper 01 questions about atomic structure.

Relative Atomic Mass

The **relative atomic mass** (A_r)

of an element is the weighted average mass of its naturally occurring isotopes, expressed relative to one-twelfth the mass of a carbon-12 atom.

Carbon-12 is the international standard — its mass is defined as exactly 12, and all other atomic masses are measured against it.

When an element is a mixture of isotopes, its A_r

is not a whole number. Chlorine is approximately 75% Cl-35 and 25% Cl-37; the weighted average is about 35.5. This is why the periodic table shows 35.5 for chlorine rather than 35 or 37.

Uses of Radioactive Isotopes

Some isotopes are **radioactive** — their nuclei are unstable and emit radiation as they decay. This property makes them useful in several practical applications:

Use	Example isotope	Principle
Carbon dating	Carbon-14	Living organisms continuously absorb C-14; after death it decays at a known rate, allowing the age of organic material to be calculated
Cancer treatment (radiotherapy)	Cobalt-60	High-energy radiation is directed at a tumour to destroy cancer cells
Medical tracers	Technetium-99m	A radioactive substance is introduced into the body and followed using a scanner to locate disease or abnormalities
Nuclear energy generation	Uranium-235	Controlled fission releases large amounts of heat, which is used to generate electricity
Pacemakers (older designs)	Plutonium-238	Provides a long-lived internal power source without needing external batteries

Exam Tip

The syllabus requires at least three uses. Carbon dating, radiotherapy, and tracers are the three most reliably tested. Know the principle behind each, not just the name of the isotope.